

# THE SCREEN ZOMBIE

## How to Develop a Healthy Relationship with Social Media

Wednesday, February 27<sup>th</sup> – 6:30PM  
Plainfield East High School – Auditorium

[12001 Naperville Rd, Plainfield, IL 60585](https://www.google.com/maps/place/12001+Naperville+Rd,+Plainfield,+IL+60585) – Main parking located off Naperville Road. Enter through main entrance.

**An evening with Jeff Bean... Join us for an information-packed presentation and Q&A to include:**

- Real-time demonstrations of the most popular social media apps amongst kids and teens
- Proven strategies for keeping kids safe online
- The positive and negative effects of social media and technology
- How to realistically establish and define your child's and your relationship with technology and social media
- Proven strategies for managing technology and social media use by younger children
- Tips and ideas for managing "already-established" excessive and unchecked technology and social media use
- Understanding the limitations of privacy and claiming your parental power

Presentation available in both English and Spanish.

Child Care available on site.

### A PRESENTATION FOR:

- K-12 parents, grandparents and other concerned relatives
- K-12 teachers, staff, and administrators
- Counselors, psychologists, nurses, and social workers (CEUs and CPDUs available)

### EVENT SCHEDULE

6:30pm – Welcome/Community Resource Fair

6:45pm – Speaker Presentation

7:45pm – Q & A Discussion with Speaker

8:30pm – Close

### SPONSORED BY:



**Jeff Bean**

**President/Founder of *Safe Schools 4 All***

Jeff has been a police officer in the Chicagoland suburbs for nearly 20 years. In his career he has served as a Crime Prevention Officer, Tactical Officer, Gang Specialist, Juvenile Officer, Field Training Officer, and DARE Officer. He is currently assigned as a School Resource Officer. Jeff founded *Act on Bullying, Inc.* in 2012, providing vital resources and training related to bullying and cyberbullying on local, regional, and national levels. In 2019, he has expanded his scope creating a new venture called *Safe Schools 4 All*. This new venture continues his original work while adding additional education on social media and school safety and security. Over the past 7 years, Jeff has presented for thousands of students, parents, educators, and professionals throughout the country. He is truly passionate about this work and has made it his life's work to keep our children safe.



Presented by Plainfield Parent Community Network (PPCN)

Online at: [www.plainfieldparentcommunitynetwork.org](http://www.plainfieldparentcommunitynetwork.org)

On Facebook: [@plainfieldparentcommunitynetwork](https://www.facebook.com/plainfieldparentcommunitynetwork) and on Twitter: [@PPCNetwork202](https://twitter.com/PPCNetwork202)

