

## *Plainfield Community Consolidated School District 202*

March 10, 2020

Dear Plainfield South High School Staff Member,

A case of **Mumps** has been reported at Plainfield South High School. **You have had direct exposure to the virus.** Mumps is a viral infection that primarily affects saliva-producing (salivary) glands that are located near your ears. Mumps can cause swelling in one or both these glands.

Mumps is a contagious disease caused by a virus. It spreads through saliva or mucus from the mouth, nose, or throat. It is transmitted through:

- coughing, sneezing, or talking,
- sharing items, such as cups or eating utensils, with others
- touching objects or surfaces with unwashed hands that are then touched by others.

Symptoms typically appear 16-18 days after infection, but this period can range from 12-25 days after infection. The most common symptoms include:

- Fever
- Headache
- Muscle aches
- Tiredness
- Loss of appetite
- Swollen and tender salivary glands under the ears on one or both sides (parotitis)

In consultation with the Will County Health Department, we have already conducted an extra cleaning of the school. No identifying information can be shared with staff, students, parents, or the community.

If you are pregnant, trying to conceive, or immunocompromised, please contact your physician for medical guidance. Staff with direct exposure will be notified.

Will County Health Department advises that those with mumps symptoms should seek medical attention regardless of vaccination records.

Please feel free to contact your building nurse with any questions.

Thank you,

*Christina Edwards*

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