



2018 CO-ED BEACH VOLLEYBALL

AGE: 10-18 Boys & Girls- Teams will participate in 2-year increments (12u, 14u, 16u, 18u). Check USAV website to see what age group you qualify for.

LOCATION: All Practices will be held at Wesmere Country Club Sand Courts in Plainfield

SEASON: June – Early August

PRACTICE: 2 nights a week (Tuesday & Thursday's) 5-7pm

TOURNAMENTS: Athletes will be allowed to choose their own local event schedule and may sign up with a different partner for each event if they choose to. All players are required to wear EVC gear to tournaments. Average tournament cost is \$40-\$50/team

COST: \$35 enrollment fee + \$10/Practice + Uniform + Events; 10 Practice Card Punch available at Eich's for only \$90.00

Why Beach?

- Highest number of contacts
- Pick your own Teammate!
- Improves all skills
- Strengthens a players weaknesses
- Expands Volleyball IQ and strategy building
- Enhances strength and conditioning
- Develops and increases communication skills
- Outdoors: fun, sun, tan, a day at the beach
- Strengthens Individuals Mental Game

2018 REQUIREMENTS

All players must have:

USAV membership- \$40 (for non-USAV members);

Current USAV members are valid throughout the Beach Season

Some Tournaments may require:

AAU membership-approximately \$14.00 (for non-AAU members)

**Register online at
www.eichssportscomplex.com
or at Eich's Sports Complex**

24316 W 143rd St. | Plainfield, IL 60544 | (815) 436-9044