

## Phills Skills-N-Drills



"EVERY DAY WE HOOP"

Let PSA get you ready for your team's basketball tryouts this season! Our 3 week program will improve upon your overall basketball IQ, and positively reinforce your child's self-confidence on and off the court!

- Conditioning (Effort and Explosive Readiness Drills)
- Shooting (The "When" of shooting)
- Dribbling
- Passing
- Defensive and Offensive Awareness
- Much Much Much MORE

WHO: Boys and Girls 6th-10th Grade

DATES: August 31, September 1, 6, 8, 11, 12

Time(s): 6pm to 7pm

Cost: 85

Where: Plainfield Academy Middle School 23930 W. Lockport St., Plainfield

Limited spots available. Call/Text/Email Now! PSA President Nicole and/or Coach Chris; 630-410-1902 or [phillssportsacademy@gmail.com](mailto:phillssportsacademy@gmail.com) and visit [Phills.org](http://Phills.org) to register