

Plainfield Community Consolidated School District 202

Dear Parent/Guardian,

A case of **Shingles** has been reported in your child's classroom at Bonnie McBeth. Shingles is caused by the varicella virus and is spread by direct contact with surfaces or clothing freshly soiled by the discharge from an infected person's lesions.

Symptoms commonly appear 14-16 days (range of 10-21 days) after exposure to someone with Shingles. The symptoms that may indicate your child has Chicken Pox include the sudden onset of a mild fever and fatigue followed by itchy, blister-like lesions. The blisters eventually dry, crust over, and form scabs. The vast majority of students have received the varicella vaccine, which protects them against getting Chicken Pox. However, mild infections can still occur in children that have received immunization.

If you suspect your child has Chicken Pox, please contact your physician. If your child is diagnosed with Chicken Pox he/she will need to stay home from school for a minimum of five days or until all lesions become crusted over and dry. Please feel free to contact me with any questions.

Thank You,

Teressa Rodgers

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