

Aux Sable Athletics

2018-2019

SPORTS PHYSICALS :

Those students, who are planning on participating in the following sports, **MUST** have a physical completed by a physician on file at Aux Sable **prior to the start of the try-outs or the first day of practice** if there are no try-outs. If you have had a physical in the past year (not school year), it is valid for exactly one **calendar** year.

2018-2019 Sports Offered and Important Dates:

<u>FALL SPORTS</u>				
SPORT	GENDER	GRADE LEVEL	TRY-OUT DATES	FIRST PRACTICE

Volleyball	Female	7 th and 8 th	Aug. 20-22	Aug. 23
Soccer	Male	7 th and 8 th	Aug. 20-22	Aug. 23
Cross Country	Female/Male	6 th , 7 th and 8 th	Everyone makes it!	Aug. 20

<u>WINTER SPORTS</u>				
SPORT	GENDER	GRADE LEVEL	TRY-OUT DATES	FIRST PRACTICE

Basketball	Male	7 th and 8 th	Oct. 15-17	Oct. 18
Cheer	Female/Male	7 th and 8 th	Oct. 15-17	Oct. 18
Wrestling	Female/Male	6 th , 7 th and 8 th	Everyone makes it!	Nov. 12
Basketball	Female	7 th and 8 th	Jan. 7-9	Jan. 10

<u>SPRING SPORTS</u>				
SPORT	GENDER	GRADE LEVEL	TRY-OUT DATES	FIRST PRACTICE

Soccer	Female	7 th and 8 th	March 12-14	March 15
Volleyball	Male	7 th and 8 th	March 12-14	March 15
Track	Female/Male	6 th , 7 th and 8 th	Everyone makes it!	March 6

