

AMAZING LEARNING EXPERIENCES



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Virtual TAYA Tuesday Workshops

The YMCA will offer a series of Teen and Young Adult Advancement (TAYA) virtual workshops this winter for area residents, ages 14-21. Open to the community, these fun and informative sessions will cover an array of topics designed to help teens and young adults develop important life skills.

JOIN US:

New Year, Improved Me! **Tuesday, January 19 | 6:30-7:30 p.m.**

Join us for an engaging conversation about ways we can improve our physical, mental, and emotional health in 2021!

Communication is the Key **Tuesday, February 16 | 6:30-7:30 p.m.**

Communication is more than just talking. Email etiquette, body language, and listening skills are all critical skills to master when looking toward your future. This workshop will provide you with some tips and tricks on how to communicate like a pro!

Destination – My Future! **Tuesday, March 16 | 6:30-7:30 p.m.**

High school graduation is just around the corner, but what comes next? This workshop will provide you with valuable information about four-year colleges, junior college, going into the trades, and other options after graduation.

Your Toolkit for Success **Tuesday, April 20 | 6:30-7:30 p.m.**

To get to where you want to be in life, you're going to need a J-O-B! But how do you find one? Do you need to fill out an application or submit a resume? How do you ace the interview? This workshop will provide you with the tools you need to land a job!

**FREE AND OPEN TO
THE COMMUNITY!**

REGISTER TODAY!

To register, please visit www.jolietymca.org. Upon registration, participants will receive a Zoom invite to join the virtual workshop. Deadline for registration is the Sunday prior to each workshop.

GREATER JOLIET AREA YMCA
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