

Preparing Your Child to Go Back to School in the “New Normal”

PRESENTED BY



Practical Strategies to Set Your Child Up for Success in the 2021-22 School Year

A PRESENTATION FOR K-12 parents, caregivers, family members, K-12 teachers, staff, administrators, social workers, nurses, psychologists, counselors (CEUs/CPDUs available)

Thursday, August 12, 2021 – 6:30pm*

*Community resources available beginning at 6:00pm, presentations at 6:30pm

Plainfield North High School – Auditorium

[12005 248th Ave., Plainfield](#) – Main Entrance and Parking located off 248th Ave.

EVENT SCHEDULE

- 6:00pm – Reception/Community Resource Fair
- 6:30pm – Welcome/Speaker Presentations
- 7:45pm – Q & A Discussion Panel with Speakers
- 8:30pm – Close

As a parent/guardian, are you wondering how to:

- Talk to my student about returning to school?
- Handle any concerns/anxieties my student may be feeling?
- Help my student if they have become fearful of germs or COVID?
- Help my student get back into the routine of going to school in-person full days, every day?
- Help my student develop the stamina to attend school all day?

Join us for this free presentation for practical strategies you can use to set your students up for success in the 2021-22 school year.

- Registration is NOT required. Walk-ins are welcome!
- Presentations will be available in English AND Spanish.
- Childcare will NOT be available.
- Masks are required for non-vaccinated people – and encouraged if you're vaccinated and would feel more comfortable wearing a mask in a group setting.

Meet Our Distinguished Presenters

Dorothy Kuklinski, LCPC, CADC

Clinical Therapist, Linden Oaks Behavioral Health



Dorothy Kuklinski is a Licensed Clinical Professional Counselor (LCPC) and a Certified Alcohol and Other Drugs Addictions Counselor (CADC). Dorothy obtained her Master of Arts in Counseling Psychology Degree from The Chicago School of Professional Psychology, specializing in Addictions Counseling. She has experience working with adolescents from ages 12-17, as well as adults, in inpatient, hospital, and outpatient settings. Dorothy works to empower clients from a strengths-based, non-judgmental perspective, while supporting and guiding her clients to cope with their life stressors.

Tammy Tunac, LCPC, CADC

Clinical Therapist, Linden Oaks Behavioral Health



Tammy Tunac is a Licensed Clinical Professional Counselor and Certified Alcohol and Drug Counselor. She earned her Master of Arts in Clinical Psychology from Governors State University. Tammy has over 8 years of experience working with adults and adolescents affected by mood and anxiety disorders, co-occurring and substance use disorders. She utilizes Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, and Motivational Interviewing to assist her clients in identifying their strengths, set goals, and find self-empowerment through counseling.

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On Facebook: [@plainfieldparentcommunitynetwork](https://www.facebook.com/plainfieldparentcommunitynetwork)